

Second Annual

Saturday May 1, 2010

# 2010 Michael J. Garner Renal Run 5K

Start & Finish at Cain's Ballroom. Scenic course through downtown Tulsa

1 Mile Fun Run 6:30pm Proceeds to benefit Kidney  
5K Road Race 7pm Cancer Association

For more info contact Race Director: Jennifer Garner at  
renalrun@aol.com or call 210-481-9628

First \_\_\_\_\_ Last \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Cell(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Phone(\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Shirt Size XS S M L XL XXL None Birthday \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on 5/1/10 \_\_\_\_ Gender M / F

Distance (Circle One) 5K 1 Mile Would you like to make a donation to the Fraternal Order of Police?

How did you hear about this race? \_\_\_\_\_

Policeman of Firefighter? (Circle one) Yes No | Filly (Female over 145 lbs) Clydesdale (Men over 170 lbs) Weight \_\_\_\_\_

### RACE FEES: MAKE CHECKS to: Renal Run

Entry fees: \$20 - **Kids 12 & Under Free**, Add \$10 with shirt \$ \_\_\_\_\_

Subtract \$5 if you don't want a shirt: -\$ \_\_\_\_\_

Add \$5 late fee if signing up on Race Day. +\$ \_\_\_\_\_

Donation to Fraternal Order of Police (Tax Deductible): +\$ \_\_\_\_\_

**Total Amount Due: \$ \_\_\_\_\_**

Mail Application and Total Amount Due to:  
**RunnersWorld Tulsa**

4329 S. Peoria  
Tulsa OK, 74105

**Entries can also be dropped off at RunnersWorld Tulsa**  
4329 S. Peoria 918-749-7557

I know that running any trail race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and trail, encounters with wild or domestic animals, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race directors and workers, Cain's Ballroom, City of Tulsa, Renal Run, Kidney Cancer Association or any facilities associated with the Renal Run and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant per- mission to race management to use any photographs, recordings, or other records of my participation in this event for any legitimate purpose. I also understand that the race director has the right to refuse any entry, and that my registration fee is non-refundable after March 1, 2010. Shirts sizes or availability not guaranteed.

Signature \_\_\_\_\_ Date submitted \_\_\_\_/\_\_\_\_/\_\_\_\_

