

Second Annual 2010 Michael J. Garner Renal Run 5k

Proceeds to benefit the Kidney Cancer Association



Saturday May 1st 2010

6:30 PM 1 Mile Fun Run
7:00 PM 5K Road Race
8:00 PM Award Ceremony
8:30 PM Live Concert Featuring "Two Tons of Steel"

Race starts and finishes at Cain's Ballroom taking a scenic route through downtown Tulsa.

First _____ Last _____

Address _____ City/State _____

Email _____ Phone () - _____

Shirt Size XS S M L XL XXL N/A Age on 5/1/10 _____ DOB _____ Gender M / F

Distance: 5k Circle one } Police Officer Filly (Female over 145 lbs) Y / N
(circle one) 1 mile if yes } Firefighter Clydesdale (Male over 170 lbs) _____ lbs

RACE FEES: MAKE CHECKS PAYABLE TO - Renal Run

Entry Fees \$20 (\$15 without T-shirt) _____
Kids 12 & under Free _____
T-Shirt only \$10 _____
Day of Race late fee is an additional \$5 _____
Donation to Renal Run _____
Total Amount Due _____

I know that running any trail race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and trail encounters with wild or domestic animals, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race directors and workers, Cain's Ballroom, City of Tulsa, Renal Run, Kidney Cancer Association or any facilities associated with the Renal Run and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to race management to use any photographs, recordings or other records of my participation in this event for any legitimate purpose. I also understand that the race director has the right to refuse any entry and that my registration fee is non-refundable after March 1, 2010. Shirt sizes or availability not guaranteed.

Signature _____ Date _____

Entry forms and fees can be dropped off at or mailed to: RunnersWorld Tulsa 4329 S. Peoria Tulsa OK, 74105; 918-749-7557

For more information contact Race Director: Jennifer Degner at renalrun@aol.com or call 210-445-2271