

# Fifth Annual Race Into the New Year

www.tatur.org/RINY.html



Walk in registration & packet pickup:  
RunnersWorld Tulsa 4329 S. Peoria.

From Saturday December 26 till Wednesday December 30 between 10 am and 6 pm

Make checks payable to:  
Race Into the New Year.

Mail in registration send to: RunnersWorld Tulsa 4329 S. Peoria, Tulsa OK 74105



Online registration at [www.tatur.org/RINY.html](http://www.tatur.org/RINY.html)  
For more info: [sager\\_kathy@yahoo.com](mailto:sager_kathy@yahoo.com)

5K race starts at 11:45pm at River-Parks West Amphitheater

One mile fun run starts at 11pm. at RiverParks West Amphitheater

Adults pre-registered \$25 with a shirt, \$15 without a shirt. \$5 late fee for race day registration.

Race day registration & packet pick-up starts at 10:30 pm - at RiverParks West Amphitheater. For more info call RunnersWorld at 918-749-7557.

Adults pre-registered \$25 with a shirt, \$15 without a shirt. \$5 late fee for race day registration.

Runners 12 & under free. (Shirt not included; \$15 with shirt). Add \$5 for race day registration.

Unique long sleeve technical shirts to the first 300 entrants. Awards to the top three male & female plus top three in each age group.

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Name \_\_\_\_\_ M / F Age \_\_\_\_\_ DOB \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Email \_\_\_\_\_ How did you hear about race \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Cell # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Home # \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Philly (145+) Clydesdale(170+) Wt. \_\_\_\_\_

Are you a Tulsa Police Officer Yes No (Circle One)

Circle: Tee Size XS S M L XL XXL Race Entered 5k\_\_\_\_ 1 Mile\_\_\_\_ Total \$ \_\_\_\_\_

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also know that although police protection will be provided, there will be a possibility of traffic on the course. I assume the risk of running in traffic. I also assume any and all other risks associated with running this event including, but not limited to falls, contact with other participants, the effects of the weather, including high heat and or humidity, and the conditions of the roads, all such risks being known and appreciated by me. Furthermore, I agree to yield to all emergency vehicles. I also am fully aware that pushing, pulling, dragging, wearing, carrying or leading any thing or anyone is strictly prohibited. This includes strollers, joggers, pushed wheelchairs, roller blades, skate boards, wheels of any kind (except competitive wheelchairs), animals, flags and head phones, I agree not to have them on the course. I am fully aware that it is a fraudulent act to buy, sell, switch or in any way wear someone else's number or allow anyone to wear my number. Furthermore, I agree not to go back onto the course after finishing the race or relay leg and I agree not to cross the finish in a relay unless I am running the final leg. Furthermore I agree not to hold hands, embrace or touch other participants or connect two or more runners (i.e. centipedes). I am also aware that this waiver applies to races and fun runs. Knowing these facts, and in consideration of your accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all claims or liability for death personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event whether same be caused by negligence or fault. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The undersigned further grants full permission to sponsors and or agents authorized by them to use any photographs, videotapes, motion pictures, recordings or any other record of this event for any purpose. Minors accepted only with a parent or guardian's signature.

Signature \_\_\_\_\_ Date \_\_\_\_\_

New Years Day

Polar Bear Plunge



Presented by TAT & TATUR  
Tulsa Area Triathletes & Tulsa Area Trail & Ultra Runners

## Polar Bear Plunge One Mile River Scramble

New Years Day January 1, 2010 Friday at Noon, River Parks West Amphitheater

\$5 Fee. No Shirts. Tons of Fun. Lets Get Wet !! \$5 check payable to TATUR

Name \_\_\_\_\_ Age \_\_\_\_\_ M / F Email \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ How did you hear about the Polar Bear Plunge \_\_\_\_\_

Signature \_\_\_\_\_ Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_ I will be wearing a costume, or cross dressing YES / No (Circle One)

I understand that I am releasing all claims, demands, losses or damages or any kind, whether sustained by me, whether caused in whole or part by the negligence of Tulsa Area Triathletes, Tulsa Area Trail & Ultra Runners, River Parks, City of Tulsa or otherwise, including negligent rescue operations. I further agree that if, despite this release, waiver of liability and assumption of risk, anyone makes a claim against the event on behalf of me or my minor children, I will indemnify, save and hold harmless each of the Polar Bear Plunge from any loss, liability, damage or cost which may result from such claim.