

Press Release

Event Date 8/21/2010

Time: 3pm - 8pm.

Tatur Mud Run & Kids Mud Run

www.tatur.org/MudRun.html



Entrants will run/walk approximately 1.5 miles through muddy obstacles, grass and smooth flat before crossing the finish line. Kids run will be approximately on half mile.

TATUR staff will assist any media as far as parking transportation, and suggest the best photo opportunities. TATUR will also provide comp entries, shirts, food and drink & media kits to all those who promote the event.

Tatur organizes several unique runs including the Mud Run, the Polar Bear Plunge, the Reckless Redneck, a 50 mile race that starts at midnight, and many more.

Kids Mud Run Proceeds to benefit **Get Fit Tulsa/Tulsa Public Schools**

- Tatur (Tulsa Area Trail & Ultra Runners) will host the third annual TATUR Mud Run and Kids Mud Run on Saturday August 21, 2010 from 3pm - 8pm.
- Runners and walkers from all over the Heartland will converge on the Mud Bowl in Tulsa Oklahoma.
- Entrants will run/walk through muddy obstacles including the Super Slip & Slide, Terrible Tire Traffic, Messy Mud Moshes and much more.
- The objectives of this race is to give Oklahomans the spark to get off the couch and run or walk in a wild and fun event where exercise does not seem like exercise.
- All proceeds go to the Tulsa Firefighters Burn Camp which is a five day summer camp for children who have been burned.
- Kids Mud Run proceeds to benefit **Get Fit Tulsa/Tulsa Public Schools**

Highlights

- ◆ When: Saturday August 21 3pm—8pm
- ◆ Where: Mud Bowl at E. 31st & 118 St.
- ◆ Contact: Brian Hoover - 918-244-6918—brian@tatur.org
- ◆ Directions: E. 31st. St. between Garnett & 129th St.
- ◆ Sign up: At RunnersWorld Tulsa 43rd & Peoria
- ◆ Teams: Five or two person team competition, or individual competition
- ◆ Cost: Adult race \$25 (non-competitive races) or \$30 per person (competitive races) Kids races \$15 per child.
- ◆ Crowd: We expect to have over 5,000 participants and spectators at the event.

