

11th Annual

Saturday April 4th 2009

2009 TATUR's Lake McMurry 50K/25K/12K Trail Race

Start & Finish at Lake McMurry Park West Side. 10 miles west of Stillwater, Oklahoma. (75 minutes from Oklahoma City and 90 Minutes from Tulsa)



50K at 8:00 am

25K at 8:30 am

12K at 9:00 am

Presented by TATUR

(Tulsa Area Trail & Ultra Runners)

Limited to the first 300 Entrants

New Race Director : Ken Childress email at trail_zombie@yahoo.com

First _____ Last _____

Address _____ City _____ St _____ Zip _____

Email _____ Cell(____) _____ - _____ Phone(____) _____ - _____

Shirt Size S M L XL XXL None Birthday ____/____/____ Age on 4/4/09 ____ Gender M / F

Distance (Circle One) 50K 25K 12K Anticipated Finish Time: ____hrs ____minutes First trail race ? Y / N

How did you hear about this race? _____

Do you have any medical condition we should know of? _____

RACE FEES: MAKE CHECKS PAYABLE TO TATUR

All race fees go up \$5 on Wednesday April 1st (must be postmarked by March 23, 2009)

Entry fees: (50K - \$50) , (25K- \$45) , (10K - \$30): \$ _____

Subtract \$5 if you are a **CURRENT** TATUR Member: - \$ _____

Subtract \$10 if you do not want the technical fabric running shirt: - \$ _____

Add \$5 late fee if April 1st or later: +\$ _____

Trail Maintenance Donation (Tax Deductible): + \$ _____

Mail Application and Total Amount Due to: **Total Amount Due:** \$ _____
TATUR

1414 S. Delaware Place
Tulsa OK 74104
Attn: Brian Hoover

Entries can also be dropped off at RunnersWorld Tulsa
4329 S. Peoria 918-749-7557

I know that running any trail race is a potentially hazardous activity that could cause injury or death. I should not enter and run unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, am in good health, and am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I assume all risks associated with running in this event, including but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, and trail, encounters with wild or domestic animals, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the race directors and workers, TATUR, any facilities associated with Lake McMurry, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, event though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant per- mission to race management to use any photographs, recordings, or other records of my participation in this event for any legiti- mate purpose. I also understand that the race director has the right to refuse any entry, and that my registration fee is non-refundable after February 15th 2009. Shirts sizes or availability not guaranteed.



Signature _____ Date submitted ____ / ____ / ____